

Pre-Departure Checklist

The full list, worked through top to bottom, before you leave. Pair this with the readiness quiz at expatfyi.com/assess/ready-to-go/ if you haven't already.

Paperwork & Visa

- ☐ Confirm your visa route and requirements against current official sources (expatfyi.com/logistics/)
- ☐ Gather and apostille any required documents (criminal record, birth/marriage certificates)
- ☐ Make digital copies of your passport, visa, and key documents, stored somewhere accessible offline
- ☐ Check your passport has at least 6 months validity remaining
- ☐ Confirm any required local registration steps after arrival (residency card, tax number, etc.)

Insurance & Health

- ☐ Compare and purchase nomad health insurance before departure (expatfyi.com/compare/insurance-safetywing-genki-img/)
- ☐ Fill any prescriptions you'll need and bring a copy of prescriptions with generic drug names
- ☐ Check required or recommended vaccinations for your destination
- ☐ Locate the nearest hospital/clinic to your destination in advance

Banking & Money

- ☐ Set up a multi-currency account or confirm your card has no foreign transaction fees (expatfyi.com/compare/banking-wise-revolut-payoneer/)
- ☐ Notify your bank of travel dates and destinations to avoid card freezes
- ☐ Set aside your savings runway, separate from working capital
- ☐ Confirm how you'll pay taxes in your home country while abroad

Home & Logistics

- ☐ Arrange mail forwarding or a trusted person to handle physical mail
- ☐ Confirm a plan for your home, storage, or subletting

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- Arrange care for pets, plants, or anything else left behind
- Cancel or pause subscriptions and services you won't need

Tech & Connectivity

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- Set up an eSIM or research local SIM options for arrival (expatfyi.com/compare/esim-airalo-holafly-nomadesim/)
- Back up your laptop and phone to the cloud before you leave
- Enable two-factor authentication on your critical accounts
- Download offline maps and any documents you might need without signal

This is a general planning checklist, not a substitute for confirming requirements directly with the relevant embassy, consulate, insurer, or a licensed professional. Requirements change — always verify current details before relying on them.

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